The Power of Community: United in Our Drive to End Kidney Disease

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Fighting On All Fronts

Vision - A world without kidney disease

Mission - Fight kidney disease and help people live healthier lives

The American Kidney Fund was founded in 1971 and has developed award-winning programs focused on prevention, early detection, disease management, direct assistance, clinical research, and advocacy.

Our Action Plan

Save thousands of lives through prevention and early diagnosis

Transform lives through direct assistance

Advance breakthroughs in kidney disease research
What is Chronic Kidney Disease?

Chronic Kidney Disease (CKD)

- Permanent damage to the kidneys
- Usually no signs or symptoms
- Cannot be reversed, however it can often be slowed
- Can lead to kidney failure, also known as end-stage renal disease (ESRD)
Kidney disease in children

Each year, an estimated 1 out of every 65,000 children in the United States has kidney failure. Children with kidney failure have a different experience with this disease than adults and face many challenges, which can include:

- Growth delay
- Developmental delay
- Anemia
- Bone disease
- Nerve damage
- Sleep problems
- Trouble controlling their bladder
- Behavior problems
- Emotional problems
- Issues with self-image

The most common causes of kidney disease in children are:

- Kidney birth defects
- Genetic diseases
- Kidney infection
- Nephrotic syndrome
- Systemic diseases
- Kidney trauma or injury
- Problems with the urinary system
Connecting pediatric kidney patients

The American Kidney Fund provides pediatric programs that build a sense of community, normalcy, support and inspires confidence. Our programs:

• Create supportive platforms and communities for pediatric kidney patients to share their experiences
• Protect mental health
• Create opportunities to process medical experiences
• Provide safe vehicle for self-expression
• Help maintain a positive outlook on life
The power of virtual connections! (video)
Connecting pediatric patients virtually!

- **Virtual Camp** was created in 2020 during the pandemic as a pivot and alternative to the Johns Hopkins Children’s Center Camp All-Stars.

- In 2023, this camp has expanded to include 11 children's centers across the U.S. and offers events including bingo, trivia night, escape room activities and guided art classes.

- An opportunity for kids to connect with others who truly understand what they are going through.

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<th>AKF'S NATIONAL CAMP PROGRAM PARTICIPATING SITES</th>
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<td>Johns Hopkins Children's Center - Baltimore, MD</td>
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<td>The Phoenix Children's Center - Phoenix, AZ</td>
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<td>Cincinnati Children's Hospital - Cincinnati, OH</td>
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<td>Stanford/Lucille Packard Children's Hospital - Palo Alto, CA</td>
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<td>Children's National Hospital – Washington, DC (New)</td>
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<td>Boston Children's Hospital – Boston, MA (New)</td>
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**2023 Virtual Camp Sponsors**

[Imagery of sponsors]
Camp Welcome Swag Bags

![Image of Camp Welcome Swag Bags]

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American Kidney Fund
FIGHTING ON ALL FRONTS

KidneyFund.org
January Activity
BINGO!

Join us on zoom as we kick of AKF’s 2023 National Virtual Camp with a BINGO Pizza Party!

**Monday, January 16th**
5pm EST or 8pm EST

**Friday, January 20th**
8pm EST

If you have any questions please reach out to Lianna at lparcell@kidneyfund.org or 804.399.9404

February Craft Night

Join us on zoom as we celebrate our love for our kidneys!

**Monday, February 20th**
5pm EST or 8pm EST

**Friday, February 24th**
8pm EST

If you have any questions please reach out to Lianna at lparcell@kidneyfund.org or 804.399.9404
March
Game Night

GAME NIGHT

Join us on zoom to play fun family games like charades, trivia, bingo & more!

Monday, March 20th
5pm EST or 8pm EST

Friday, March 24th
6pm EST

If you have any questions please reach out to Laura at support@kidneyfund.org or 888-399-9400

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April
Science Night

AKF VIRTUAL CAMP
SCIENCE NIGHT

JOIN US ON ZOOM AS WE DISCOVER
"IT’S NOT MAGIC, IT’S SCIENCE!!"

Monday, April 17th
5pm EST or 8pm EST

Friday, April 21st
6pm EST

Additional Supplies You’ll Need:
hot tap water, cold water, a clear cup or glass, vegetable oil

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KidneyFund.org
May
Art Night

Virtual Camp Art Night

MONDAY, MAY 15TH
5PM EST OR 8PM EST

FRIDAY, MAY 19TH
8PM EST

If you have any questions, please email: kids@kidneyfund.org

June
Magic Night

NATIONAL VIRTUAL CAMP
MAGIC
NIGHT
WITH MAGICAL KATRINA

19 & 23
JUNE

JOIN US ON ZOOM AS WE DISCOVER THE WONDER AND HILARITY OF MAGIC!

Thank you to the generous support of the following sponsors:

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KidneyFund.org
July Pinball Night

Let's build something fun!

Join us on Zoom as we build, launch, and play with our very own pinball machines! Discover the fun and the physics of this classic game with us!

Monday, July 17th
5PM EST or 8PM EST

Friday, July 21st
8PM EST

August Paper Airplanes

Paper Airplanes

Hang on tight for our August Camp Night where we will discover the many ways to build and fly a paper airplane!

Monday, August 21st
5pm EST or 4pm CST

Friday, August 25th
6pm EST
Future Leader
Camden Yards Picnic

Pittsburg Picnic
Camp Testimonials

"I haven't had many opportunities to make friends since starting high school because I was traveling so much for dialysis, had my kidney transplant, was in the hospital a lot, and COVID. This virtual camp has been my only opportunity to make new friends." Lexie – camper

“This was such a great time I looked forward to every month.” Miles – camper

“I've been through a lot in my 11 years, so having fun when I can is a MUST!” Ellie – camper

“She finally gets to feel like she is special. For so long she has been placed on many diet and lifestyle restrictions because of her CKD. This has been the first time she has received something positive from this condition.” Erin – parent

"Doing the activities distracts us from the unfortunate reality we have to live in knowing everyday something can go wrong regarding our physical health. “ Lily - camper

“Eilidh literally counts down the days between kidney camps. She gets so excited about the special activities and loves seeing kids like her with kidney problems. Also, she loves getting the activities in the mail with the box addressed in her name!” Amanda – parent

“It gives him something to look forward to which is really powerful! It allows him to feel a part of something too, which is really nice. Seeing other kids on the screen who are ‘like him’ and get it is something that I think is really powerful, whether or not he fully understands that right now or not.” Amber – parent

“This has really helped him socialize with other kids like him. He asks a lot about what other kids that we know who have G-tubes and do we know other kids that have to get a lot of pokes. It has helped him interact with other kids that have gone through similar experiences, and I see him more at ease in the virtual camps, more himself even though the kids might be complete strangers to him. They just ‘get it’” Tara – parent

“These camps are a positive kidney experience. There are more difficult things like medicines, blood draws, and doctor visits associated with kidney disease. Camps like this one are a positive, uplifting, non-medical kidney disease activity. I love having crafts to do with John. The conservation with other kidney kids that is not medical. John did not realize there more kids across the US that managed kidney disease. Thank you for all your dedication to putting on these camps.” Patty – parent
THANK YOU!