Healing Arts Impact + Reach
Kaitlin E. Knapp, MA, ATR-P, LMHCA
Our shared mission...

✓ Serve all persons with special attention to those who are most vulnerable
✓ Care for mind, body, and spirit
✓ National pediatric presence
  ✓ Dell Children’s Medical (TX)
  ✓ Studer Family Children’s Hospital at Ascension Sacred Heart (FL)
  ✓ Ascension St. John Children’s Hospital (MI)
  ✓ AMITA Health Women & Children’s Hospital (IL)
Service to Indiana

✓ 17 Bed Dedicated Pediatric Emergency Room
✓ Children’s Center for Cancer and Blood Diseases
✓ State’s largest and highest rated Neonatal Intensive Care Unit (NICU)
✓ 120 Physicians in over 40 Specialties
Holistic Care

Wrap-around services to ensure all needs are met – physical, mental, emotional, and spiritual

Through your support...

✓ St. Vincent House
✓ Patient Education Program
At PMCH, we believe Creative Arts Therapies to be inherently healing and life enhancing.
Research Support

- Improved patient outcomes
- Nonpharmacological symptom management
- Getting home quicker
- More than distractions
  - *Helps physical and emotional healing*
Healing Arts

Services Offered

Art Therapy

Music Therapy: Peds

Music Therapy: NICU

Paws to READ

Paws to Heal

Dance/Movement Therapy
Healing Arts

Goals of Care

✓ Self-expression
✓ Communicate needs
✓ Provide comfort
✓ Offer reassurance
✓ Normalize environment
✓ Process change
✓ Reduce stress
✓ Improve mood
Services Offered

• Creative Arts Therapies:
  3,494 FREE sessions
  • Average session = $140/hour
  • Total patient savings of $489,160

• Healing Arts Gallery:
  32,766 views in first 2 months
Healing Arts

Programming

• Medical Movie Series
• Healing Arts Walks
• Code Stars and Stripes
• Artful Communion
• Living Donor Wall
• Gallery
Local Partnerships

- Butler University
  - Jordan College of the Arts
- Herron School of Art + Design
  - Art Therapy
- University of Indianapolis
  - School of Business
  - School of Counseling
  - Music Therapy
- Classical Music Indy
- Paws & Think, Inc.
- Indianapolis Symphony Orchestra
Healing Arts

Patient Story: Art Therapy

Reduced Pain

• Young boy recovering from heart surgery
• Struggling to reach PT goals (sitting up for 7 min)
• Used painting to encourage sitting up
• Became consumed with artwork and completed a 30 min session
Patient Story: Music Therapy

Breathing Easier

- NICU baby with vocal paralysis
- Difficulty relaxing
- Music Therapy used to help baby breathe easier and steadier
- Baby listened to music and body naturally matched slow tempo, lowering high heart rate
American Legion Child Welfare Foundation Support

• **YOUR** support helped kids:
  ✓ Explore
  ✓ Play
  ✓ Breathe easier
  ✓ Express themselves
  ✓ Experience less pain
  ✓ Go home sooner
  ✓ Feel better
YOU make THIS possible.

Continue your support at:
give.stvincent.org/Healing-Arts