Go to: http://www.legion.org/

Click Login at the top of the homepage.

Create a Username and Password

Once logged in go to the MEDIA tab located towards the top of the page.
Select “In Your Own Words” from the dropbox option in Media.

Select the blue button at the bottom of the page marked “Add Your Own Words”.
Fill in all blanks with the red asterics. (*)

Select what type of media you are adding from the Category drop down box.

Teaser should contain a brief biography and brief description of what you are submitting.

- HTML filtered should be selected if you are using a website or email.
- Plain text should be used for anything else.

Description should be used to enter your poem, story, etc.

- HTML filtered should be selected if you are using a website or email.
- Plain text should be used for anything else.

If you wish to include a photo:
Click Browse, select a photo from your own files, select open and click on the upload button.

IMPORTANT: Your entry will not be visible to anyone except you, until it has been approved. When you are finished and ready to submit for approval you may select “Send for Approval”