

Art 4 Healing

Women Veterans Art Therapy Group



Female veterans will have the opportunity to use art to explore thoughts, feelings and behavior related to their experiences. The group will provide safety and support for expressing concerns related to returning home and to help relieve feelings of anger, depression and anxiety.

Location: Art of the Soul Studio,
6350 N. Shadeland Ave. Ste. 3
Indianapolis, IN 46220

Sundays 12:30-2:00pm
May 8th-July 3rd

For more information contact:
Kristi Gmutza
317-218-4653
art4healing@gmail.com

* Funding available from the Indiana Department of Veterans' Affairs' TANF Grant Services program to those who have a dependent child. Eligibility must be determined prior to start date.