**News Release**

**For Immediate Release**

**American Legion Post XXXX hosts event  
aimed at reducing rate of veteran suicide**

American Legion Post XX in city, state, will host event name, which is aimed at reducing the number of veterans lost to suicide. The American Legion is leading a nationwide effort — Be the One— to eliminate the stigma related to mental health treatment, and in turn, lower the number of veterans who die by suicide every day.

The number of veterans who die by suicide every day is estimated at between 17 and 22. The American Legion has elevated Be the One to be its primary mission, empowering veterans, servicemembers, their family members and civilians to act appropriately when a veteran may be at risk. This event intends to bring more awareness to the problem while providing resources to those who may be able to help save the life of a veteran.

The event at Post XXX …………………….. (Fill in with details about the who and what of the event.)

Time:

Date:

Place / address:

About the event:

For more information: website, phone number or how interested people can get more info

For more details on the Be the One mission, please visit [betheone.org](http://betheone.org/).

**Contact:**

(Name)

(Title/Office at post)

American Legion Post XX  
(City / State)  
(email address and phone number)

**About The American Legion**

The American Legion is the largest wartime veterans service organization with more than 1.6 million members in roughly 12,000 posts across the nation. Chartered by Congress in 1919, The American Legion is committed to mentoring youth and sponsoring wholesome community programs, advocating patriotism and honor, promoting a strong national security and continued devotion to servicemembers and veterans. Learn more at [legion.org](http://www.legion.org).