Brig. Gen. Robin Olds
American Legion Thailand Post TH01
Email: amerilegionth01@gmail.com

Larry Edmonds, Commander      Jeff Ludwig, Adjutant

Post meetings held the 2nd Monday of each month at the
Wing 21 Ubon Royal Thai AB
Driving Range Club house at 10:00 a.m.
All members are encouraged to attend.

Post email address: amerilegionth01@gmail.com

CALENDAR OF EVENTS

- March 9 - Post Membership meeting,
- March 15 - American Legion Birthday
- March 17 – St. Patrick’s Day

2019 Post Officers:

<table>
<thead>
<tr>
<th>Name</th>
<th>Office</th>
<th>Email</th>
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<tbody>
<tr>
<td>Larry Edmonds</td>
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<td><a href="mailto:ldedmonds@aol.com">ldedmonds@aol.com</a></td>
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<tr>
<td>Bruce Templeman</td>
<td>1st Vice Commander</td>
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<tr>
<td>Wayne Wright</td>
<td>2nd Vice Commander</td>
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</tr>
<tr>
<td>Ted Potyrala</td>
<td>Historian</td>
<td><a href="mailto:tpubon@gmail.com">tpubon@gmail.com</a></td>
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<tr>
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<td>Service Officer</td>
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<tr>
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<td>Chaplain</td>
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<tr>
<td>Jeff Ludwig</td>
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<tr>
<td>Neil Tufford</td>
<td>Sergeant at Arms</td>
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<td>Charles (Rusty) Wilson</td>
<td>Judge Advocate</td>
<td><a href="mailto:charles.r.wilson1@gmail.com">charles.r.wilson1@gmail.com</a></td>
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<tr>
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<td>Public Affairs Officer</td>
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<tr>
<td>Salvatore (Sal) Salzarulo</td>
<td>Members at large</td>
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<tr>
<td>Dave Bell</td>
<td>Members at large</td>
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<tr>
<td>Kirby (Cosmo) Raines</td>
<td>Members at large</td>
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COMMANDER’S MESSAGE

By Larry Edmonds

Comrades,

As you are well aware of by now, our lives have drastically changed. The Coronavirus (COVID 19) has changed each and every one of our lives. I hope everyone is following the guidelines set out by our government, the professionals as well as the Thai and local authorities. If anyone has any problems during this period, please feel free to contact me. With time, proper distancing, hand washing, staying at home and limiting unnecessary travel along with good hygiene we will beat this.

Because of COVID 19 Virus, our April 13th Membership Meeting had to be cancelled. Since this was our meeting to elect our leaders for the coming year, the Executive Committee voted to continue the elections via email. The nominations will close on April 1st. Post Adjutant Ludwig will collect all nominations and send the list to each member. Please reply to the email with your vote. The Adjutant will indicate which positions you will need to vote for along with instructions on how to vote by email. Please reply as soon as you can so we can tally the votes and notify those nominees elected to their positions.

Meetings in the future will be handled individually. Hopefully in the not too distant future, we will be able to restart our monthly meetings. Until then, I hope and pray for all of you to remain safe and in good health.
1st Vice / Membership Chairman:

Bruce Templeman

First, off the bat we can talk about COVID-19 safety. You've been given all of the recommendations so please take care of yourself and your family. All Legion events to be planned must be within the guidelines of current local COVID-19 mitigation policies. That's all I need to say on this.

Next, please participate in the Post elections and, more importantly, participate in making the Post meet your expectations.

Last, but most important to me, is the Buddy Check program and passing on accurate information. There are few Americans in Thailand and even fewer military veterans. We need to reach out to them and each other and make sure that we know how they're doing and reassure them that we are have their 6. Try not to perpetuate rumors during this pandemic and use official sources. When reporting things that may affect us, keep it simple, using the format of "who, what when, and where" (include how and why if applicable). Getting the correct information out to others saves time and resources. One major information resource available is the US State Department Smart Traveler Enrollment Program. You may sign up for alerts for multiple countries and receive official emergency information from our US Embassies there. Take advantage of this. Enroll here:  [https://step.state.gov/STEPMobile/Default.aspx](https://step.state.gov/STEPMobile/Default.aspx)
Post Adjutant Corner:  
Jeff Ludwig

Post TH01 Officers elections will start on April 2, 2020 and close on April 9, 2020. I encourage everyone to vote. These will be your leaders for the coming year. Due to the current Pandemic, emergency election procedures are being implemented that will provide a equitable and transparent election while keeping members safe. The elections will be completed via email. I will email the ballots on the 2nd of April with clear instructions as approved by the Executive committee. The ballots will list only those positions where there are one or more nominees. For those Post positions where there was only one nomination per our Post Bylaws and Roberts Rules of Order, the Adjutant by acclamation will declare the nominees elected.* Per our By Laws, the newly elected officers will take office at the Post Meeting following the election. The Members at large and at least 2 officers will validate the election results at the next available meeting.

* Extract from Roberts Rules Of order Revised 2015, “… If only one person is nominated and the bylaws do not require that a ballot vote be taken, the chair, after ensuring that, in fact, no members present wish to make further nominations, simply declares that the nominee is elected, thus effecting the election by unanimous consent or "acclamation.""

Please join me in welcoming our newest member John Skabry. John lives in Ubon Ratchathani. He is a transfer from New York Department, Post 803. We look forward to meeting him at the next Post membership meeting.
Historian:

If you recall, in our last newsletter I wrote about a former Japanese run WWII POW camp located just north of Ubon. Much of the information I obtained from Mr. Ray Withnall, who is from England and the author of the book, *Ubon-The last camp before Freedom*. He graciously accepted our invitation to come speak to us at the March meeting. Ray provided an hour-long briefing about the history of the camp. Ray also shared some interesting information about Ubon in general during that period. There are places in Ubon that you pass by all the time not knowing what went on. We thank him for taking time to visit us and share his knowledge of this area during WWII.

After the briefing, Commander Edmonds expressed our appreciation by presenting Ray with one of our Post hats.

Mr. Withnall’s book will be available on Amazon in a couple of months. If you have an interest in Thailand during WWII, I encourage you to look for his book.
This month I am not going to talk about the COVID-19 virus. I know you are getting swamped by all types of media on that subject. I imagine many of you may be like me hunkering down at home, and working on those home projects that you have put off for so long. For that reason, I thought it would be appropriate to go over DIY home safety.

10 Safety tips for amateur DIY home projects

Whether you’re an amateur or veteran DIYer, Underwriters Laboratories (UL) — the industry leader in safety testing and certifications — encourages you to take the following safety precautions before climbing up that ladder or switching on that power tool.

1. Keep a first aid kit handy

Anticipate those bumps, scrapes or something more serious with a basic first aid kit that is easy to carry and latches securely, but can be opened quickly when needed. Make sure it is well stocked and within reach.

2. Nix the fashion statement

You aren’t being filmed for an HGTV show, so be practical about your attire. Don’t wear watches, bracelets, or clothing with long, loose sleeves; they can get caught in moving parts of power tools and other equipment.

3. Use the 4-to-1 rule for proper ladder placement

For every four feet of ladder height, the bottom of the ladder should be one foot away from the wall or object it is leaning against. Remember to read the instructions and warning labels before using a ladder. The instructions will help you identify the proper ladder for the job and describe ladder weight and height limits. In addition, always use a ladder that is long enough for the task at hand. Many ladder accidents are the result of using a ladder that is too short.

4. Incorporate safety accessories into your DIY style

Wear safety glasses to protect your eyes from debris, and if you’re operating a loud power tool, wear earplugs to minimize damage to your ears.

5. Follow instructions, not intuition

As with any household appliance, power tools need to be maintained and used in accordance with the manufacturer’s warnings, precautions and instructions. In addition, be sure to check the
switch on a power tool or garden appliance to make sure it’s “OFF” before you plug it in. Before buying new tools, always look for the UL mark, which indicates that the product has been tested to stringent safety standards with regard to fire, electric shock and related safety hazards.

6. Don’t step away from the power tool

Never leave an active power tool unattended. Unplug power tools before leaving the room. Store them out of children’s reach.

7. Do a power tool check

Even before you consider a DIY project, inspect your power tools. If you are a true DIY novice, you’ll either buy new tools or borrow them. If you’re borrowing, be sure to inspect tools for frayed power cords and cracked or broken casings. Never use a damaged product; have it repaired by a qualified technician or replace it.

8. Take care of your tools

Don’t abuse your DIY tools and gadgets. Never carry tools by the cords, and never yank the cord when removing it from a receptacle. When disconnecting the cord, always grasp the plug, not the wire. Also, keep the cord away from heat, oil and sharp edges.

9. Be aware of your surroundings

If you’re working with others, make sure you know where they are at all times to prevent accidents or injuries. Be aware of who enters your work area, and keep children and pets away from tools and projects.

10. A clean workspace is a safe workspace

Properly store or place power tools, sharp tools or dangerous materials on high shelves out of a child’s reach. Or, consider placing them in a locked storage cabinet. Lastly, make sure your workspace is well-lit.

** Article from the internet by by Michele Borboa MS; Jun 03, 2010, Website: https://www.sheknows.com/living/articles/815515/10-home-safety-tips-for-amateur-diy-home-projects-1/
Event: American Legion Birthday.

After the Monthly Post meeting, post members, family, and guests celebrated the American Legion birthday with cake and coffee.
**Chaplain’s Message: A Prayer for COVID-19**

- Jesus Christ, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.
- Heal those who are sick with the virus. May they regain their strength and health through quality medical care.
- Heal us from our fear, which prevents nations from working together and neighbors from helping one another.
- Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.
- Jesus Christ, you traveled through towns and villages “curing every disease and illness.” Come to our aid now, that we may experience your healing love.
- Tweet this
- Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow.
- Be with those who have died from the virus. May they be at rest with you in your eternal peace.
- Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace.
- Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace.
- Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know your peace, as they work together to achieve it on earth.
- Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace.
- Jesus Christ, heal us.

*Kerry Weber* March 02, 2020 [https://www.americamagazine.org/faith/2020/03/02/coronavirus-prayer](https://www.americamagazine.org/faith/2020/03/02/coronavirus-prayer)
TAPS:
NONE

April Birthdays:

- Bob Brill
- Doug Bull
- Gerald Churchill
- Paul Godinet
- Bill Rutherford
- Sal Salzarulo
- Ed Sostack

A very happy birthday to all.