Sons of The American Legion (SAL) is a program of The American Legion established at the national convention in 1932 in Portland, Ore. Since then, the Sons of The American Legion has assisted The American Legion with its programs and activities. In 2019, Sons of The American Legion attained an all-time high membership of over 372,000 members nationally. The largest detachment (state level) has more than 50,000 members. There are trophies and awards given to detachments and squadrons for the largest membership, and the largest increase in membership.

SAL is more than just membership. SAL members have worked together with The American Legion to promote children and youth programs, including the American Legion Child Welfare Foundation (CWF). In 2019, SAL raised over $427,000 for CWF. Since 1988, the Sons of The American Legion has raised over $7 million for the CWF.

SAL members have donated over 455,000 volunteer hours in veterans hospitals throughout the country and raised over $1.6 million that has gone directly to the VA hospitals and VA homes for a variety of items including TVs, radios, medical equipment and clothes for the patients.

Sons of The American Legion continues to provide services to those in need in the local communities, through programs that include fundraising events.

The American Legion, Sons of The American Legion and The American Legion Auxiliary form the Legion Family.

Sons of The American Legion is assisting The American Legion and the Citizens Flag Alliance in their efforts to secure a constitutional amendment to protect the flag of the United States from desecration.
# Why I Belong to Sons of The American Legion

## Our Country
- To uphold and defend the Constitution of the United States of America.
- To honor my forefather’s service to our country.
- To perpetuate (encourage) the true spirit and positive view toward Americanism.
- To help our children of (and into) tomorrow.
- To assist teaching all Americans of all ages what it took to make our country great.
- To keep freedom alive.
- To reinstate our loyalty and patriotism and beliefs in America.
- To help our country prepare for the future through the ideals established by our forefathers.
- To provide various services to the community, state and nation.
- To protect our nation’s flag and to educate youth on flag etiquette.

## Our Family
- To support The American Legion and its programs.
- To respect our parent organization.
- To give back, for what The American Legion has done for my family and me.
- To make our support of The American Legion Family as strong as possible.
- To help teach our youth the principles of justice, freedom and democracy.
- To unite with others who belong to the organization with a shared interest.
- To learn how to conduct a meeting using Robert’s Rules of Order.
- To be a part of The American Legion Family, and to help preserve it.
- To help the Sons of The American Legion become a better organization for all those who belong and for all who are helped through the Sons of The American Legion programs.
- To help prepare our youth in their ability to succeed.

## Our Veterans
- To help care for all veterans who served our nation by assisting the VA&R and the VAVS programs.
- To impact my community in a positive way, by helping and assisting veterans, and supporting various American Legion programs.
- To provide assistance to all veterans, especially those in need of care.
- To help assure that our veterans, POWs and MIAs from all wars will never be forgotten.
- For God and country, and to support our veterans and their families.
- To show the pride we take knowing our contributions to The American Legion and its charitable programs are making a difference for the youth of America.
- To help those in need.