

# SR-10

This Senate resolution designates May 11th as "Youth Mental Health Awareness Day," raising awareness, promoting support, and advocating for improved access to mental health services for young individuals.

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## IN THE SENATE OF THE AMERICAN LEGION BOYS NATION

Mr. Coombs of North Carolina submitted the following resolution;

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# RESOLUTION

This Senate resolution designates May 11th as "Youth Mental Health Awareness Day," raising awareness, promoting support, and advocating for improved access to mental health services for young individuals.

## SECTION 2.

WHEREAS, the mental health of our nation's youth is a matter of utmost importance, and raising awareness about youth mental health is crucial for the well-being and future success of our young generation;

WHEREAS, mental health disorders and challenges affect a significant number of young individuals, with the potential to impact their academic performance, personal relationships, and overall quality of life;

WHEREAS, recognizing the need to prioritize mental health, promote understanding, and encourage early intervention and support for youth facing mental health difficulties;

WHEREAS, designating specific days for observance can help bring attention to important issues and foster public discussion and action;

WHEREAS, May 11th serves as an ideal date to commemorate Youth Mental Health Awareness Day as May is Mental Health Awareness Month, symbolizing a commitment to address the mental health needs of our nation's youth; and

NOW, THEREFORE, BE IT RESOLVED, that the American Legion Boys Nation Senate hereby declares and designates May 11th as "Youth Mental Health Awareness Day" in order to:

1. Raise awareness about youth mental health challenges and promote understanding among the general public, educational institutions, and community organizations.
2. Encourage schools, colleges, and universities to dedicate this day to organizing events, seminars, and educational programs focusing on mental health awareness, early intervention, and support resources available to students.
3. Advocate for improved access to mental health services for young individuals, including counseling, therapy, and other support networks.
4. Highlight the importance of destigmatizing mental health issues, encouraging open conversations, and fostering a supportive environment for youth facing mental health challenges.
5. Collaborate with mental health organizations, youth-led initiatives, and community stakeholders to develop strategies that address the unique mental health needs of young individuals.

BE IT FURTHER RESOLVED, that copies of this resolution be transmitted to the appropriate government agencies, educational institutions, mental health organizations, and other relevant entities, urging them to recognize and participate in activities commemorating Youth Mental Health Awareness Day on May 11th.